CENTENNIAL ICE RINKS FREESTYLE & PUBLIC SKATE

Rules of Conduct

Updated 7/2023

Skaters must check-in and or pay prior to entering the ice.

General Safety Rules- Freestyle and Public Skate Sessions

- No racing or playing tag will be allowed on ice. No reckless behavior will be tolerated.
- All skaters must respect and be courteous to other skaters.
- Sitting on the boards is not allowed.
- No one is allowed on the ice without skates.
- No food or drink is allowed on the ice with the exception of water or sport drinks.
- Freestyle skaters on a public session must do jumps and spins in the center area of rink.
- No harness use on public skate sessions.
- Back spirals are not permitted on public skate sessions.
- Multiple skaters performing group practice will be asked to leave the ice.
- Parents are not allowed to "coach" on freestyle sessions from the doors of the ice, through the glass, from the hockey boxes/benches or from the boards.
- Skaters and coaches must wait for the Zamboni doors to close before entering the ice at the beginning of a session. Skaters and coaches must stop and leave ice when the Zamboni doors open for an ice cut.
- Skaters and coaches must leave the ice in a timely manner at the end of the session.
- All items such as clothing, water bottles, etc. must be removed from the dasher boards at the end of every session.

Basic Rules of Behavior

- Please be respectful of others in all areas of the facility.
- Private lessons given during public or freestyle sessions must be no more than two students. Student instruction cannot include leading synchronous warm-up or across ice drills for multiple students. Coaches infracting this policy may be asked to leave the ice session. Ice rental is available for private and semi-private lessons.
- Skaters, coaches and parents are to refrain from unsportsmanlike conduct both on and off the ice.
- The Wilmette Park District reserves the right to terminate the participation of any individual in any Park District program, event, or facility for disruptive behavior if it is considered by the Park District the continued participation of the individual is not in the best interest of the participant or others who are present.

Freestyle Practice Ice

- Students in Pre Free Skate and above may practice independently.
- Students in Basic 6 or lower must be in a scheduled lesson with a staff coach.
- The coach/guardian is responsible for making sure the student exits the ice after their lesson.

- Children ages 5 and younger may not be on any "prime time" freestyle sessions-2:40 pm-5:00 pm, whether in a lesson or not.
- When a skater is skating their program, they have the right of way. Skaters may provide a fabric belt to wear when it is their turn to perform their program with music.
- Skaters must be aware of others at all times and assume responsibility for moving to avoid accidents. Higher level skaters must watch out for lower level skaters.
- The use of all portable electronic music devices, cell phones and headphones are prohibited while skating on freestyle ice time. Ear buds are allowed only when used in one ear.
- Video recording should be limited to instructional/play-back purposes during a lesson.
- A coach or skater is permitted to record their skater/peer for virtual tests or competitions on freestyle ice, **only** while standing along the boards or side of the rink, not to interrupt freestyle use for other skaters
    - They may not follow a skater around the ice to record for this purpose
    - If using a tripod or stand, it must be placed off the ice
    - Rental ice is available for private ice recordings and use at an additional cost

NOTE: The above rules are subject to change with the permission by the Figure Skating Supervisor, Florence Krieger.

Freestyle Music Policy

- Music may be played on the rink boom box located in the score keeper area. The music player accommodates CD's and has an iPod/iPhone jack.
- Since there is no monitor to play music, programs will be played on a rotational basis.
- Coaches may put the CD of a student they are teaching ahead of other skaters. Everyone should appreciate this policy when they are in a lesson enjoying this privilege and graciously accept this policy when they are the ones being asked to wait in line. There will be one "pro-cut" allowed per skater during their lesson.
- Please do not stop and restart your music. Once a program has begun, it must be completed.

Jump Harness Policy

- Skaters must take care to avoid interference with users of the jump harness.
- Jump harness use is limited to ten minutes if other coaches are waiting to use it.
- Coaches must secure the harness rope in a taut manner.

Coach Conduct

- Coaches agree to abide by all skating regulatory codes of conduct.
- Whether you are Wilmette Park District staff or independent contractor coach, you must submit a certificate of liability insurance listing Wilmette Park District as additional insured. This must be received before any private lesson is taught.
- The teaching of off-ice groups is not allowed in the lobbies, arena stands or mezzanine area. Coaches are welcome to rent (if available) one of the multi-purpose rooms for group classes at a discounted rate. Outdoor space is available for warm-up use or small group off-ice instruction, so long as a coach has a valid COI on file. WPD camps and programs have priority in outdoor space use. A coach may be asked to move locations and/or end outdoor use if program space is needed.